

FOOD RESOURCES	Placer Food Bank	The Placer Food Bank distributes food to more than 90,000 individuals a month in El Dorado, Nevada, and Placer counties. Currently, Placer Food Bank does not anticipate adding special distributions due to the Coronavirus. If you or someone you know is in need of food assistance, please visit placerfoodbank.org, click on "Get Food Assistance" for a list of available agency distributions throughout El Dorado, Nevada, and Placer Counties. http://placerfoodbank.org/get-food/ http://placerfoodbank.org/get-food/
	Placer GROWN Farmers' Markets	 PlacerGROWN Farmers' Markets continue to operate and are a reliable source for fresh, local produce and meat. All vendor booths have been appropriately spaced apart and no food sampling is allowed. Auburn Market: Saturday, 8am-12pm, Auburn Courthouse parking lot Roseville Market: Tuesday, 8:30am-1:30pm, Fountains at Roseville
	Raley's Placer County	\$20 Essentials bags for seniors and at-risk customers in self-isolation or quarantine available at the front of the stores each day at 7am https://www.raleys.com/senior-essentials-bag/ (Roseville, Loomis, Granite Bay, Lincoln)
	Local Businesses Open for take- out	See full list here: https://www.visitplacer.com/blog/placer-resident-resources-covid-19
	Rocklin Unified School District	GRAB-N-GO MEALS AVAILABLE DURING SCHOOL CLOSURES Rocklin Unified School District Nutrition Services will continue to offer nutrition services for students. RUSD Food Services will be offering one breakfast and lunch, Monday through Friday from 11 a.m. to 1p.m. We are offering both walk-up and drive-thru service (in the bus loop) at the following locations:
		 11 a.m1 p.m. Rocklin High, 5301 Victory Lane, Rocklin, CA 95765 Whitney High, 701 Wildcat Blvd., Rocklin, CA 95765 Spring View Middle, 5040 5th St., Rocklin, CA 95677 Antelope Creek Elementary, 6185 Springview Drive, Rocklin, CA 95677 Sierra Elementary, 6811 Camborne Way, Rocklin, CA 95677



	These meals will be <u>available for free for anyone 18 and under regardless of what school they attend.</u> No paperwork is required. Children must be present in order for meals to be provided. Meals will be provided based on the number of children present. Families can access this service at any of these schools regardless of school of residence. This program will be solely for the pick-up of meals, and meals will not be consumed on-site. We encourage families to continue to be proactive in reducing the risk of COVID-19 by not congregating at the school site and utilizing social distancing once meals have been distributed. https://www.rocklinusd.org/
Roseville City	GRAB-N-GO MEALS AVAILABLE DURING SCHOOL CLOSURES Roseville City School District will be providing grab and go meals starting on Monday March 16 from 11:00am- 12:30pm. This program will be solely for the pick-up of meals, and meals will not be consumed on-site. Blue Oaks Elementary, 8150 Horncastle Ave., Roseville, CA 95747 Brown Elementary, 250 Trestle Road, Roseville, CA 95678 Buljan Middle, 100 Hallissy Drive, Roseville, CA 95678 Chilton Middle, 4501 Bob Doyle Drive, Roseville, CA 95747 Cirby Elementary, 814 Darling Way, Roseville, CA 95678 Cooley Middle, 9300 Prairie Woods Way, Roseville, CA 95661 Diamond Creek Elementary, 3151 Hopscotch Way, Roseville, CA 95661 Diamond Creek Elementary, 3151 Hopscotch Way, Roseville, CA 95747 Eich Middle, 1509 Sierra Gardens Drive, Roseville, CA 95661 Fiddyment Farm Elementary, 4001 Brick Mason Circle, Roseville, CA 95747 Gates Elementary, 1051 Trehowell Drive, Roseville, CA 95747 Kaseberg Elementary, 2150 Ellison Drive, Roseville, CA 95747 Kaseberg Elementary, 1040 Main St., Roseville, CA 95678 Orchard Ranch Elementary, 4375 Brookstone Drive, Roseville, CA 95747 Riego Creek Elementary, 1200 Ridgecrest Way, Roseville, CA 95661 Spanger Elementary, 699 Shasta St., Roseville, CA 95661 Spanger Elementary, 2501 Alexandra Drive, Roseville, CA 95661 Thomas Jefferson Elementary, 750 Central Park Drive, Roseville, CA 95678 Woodbridge Elementary, 515 Niles Ave., Roseville, CA 95678



	https://www.rcsdk8.org/district-alert/rcsd-district-wide-closure-effective-march-16-2020
Roseville Joint Union High	GRAB-N-GO MEALS AVAILABLE DURING SCHOOL CLOSURES The Roseville Joint Union High School District is committed to serving nutritious meals during the current school closure. To that end, we have received a waiver from the State of California that allows us to provide free breakfast and lunch to ALL STUDENTS (age of 18 years and younger) in our district. We will continue to serve to-go style meals to students from 11:00 a.m 1:00 p.m. at the following school locations:
	 Adelante High, 350 Atlantic St., Roseville, CA 95678 Antelope High, 7801 Titan Drive, Antelope, CA 95843 Granite Bay High, 1 Grizzly Way, Granite Bay, CA 95746 Independence High, 125 Berry St., Roseville, CA 95678 Oakmont High, 1710 Cirby Way, Roseville, CA 95661 Roseville High, 1 Tiger Way, Roseville, CA 95678 Woodcreek High, 2551 Woodcreek Oaks Blvd., Roseville, CA 95747 West Park High, 2401 High School Road, Roseville, CA 95747
	Important: A student must be present, but ID is not required. We will have drive-up and walk-up options. Meals will include lunch, in addition to a breakfast for the next day. https://www.rjuhsd.us/Page/9172
Dry Creek Joint Elementary	GRAB-N-GO MEALS AVAILABLE DURING SCHOOL CLOSURES Dry Creek is feeding all children age 18 and under during school closures. Extended Dates from March 23-April 3 rd Weekdays only. "Grab-n-go" type meals with lunch and breakfast for next day provided. From 11:30am-1pm
	 Monday and Tuesday: Breakfast 7:30-8:30 a.m.; lunch 11:30 a.m1 p.m. Antelope Crossing Middle, 9200 Palmerson Dr, Antelope, CA 95843 Antelope Meadows Elementary, 8343 Palmerson Dr, Antelope, CA 95843 Barrett Ranch Elementary, 7720 Ocean Park Dr, Antelope, CA 95843 Coyote Ridge Elementary, 1751 Morningstar Dr, Roseville, CA 95747 Creekview Ranch, 8779 Cook Riolo Rd, Roseville, CA 95747



 Heritage Oak Elementary, 2271 Americana Dr, Roseville, CA 9

- Olive Grove Elementary, 7926 Firestone Way, Antelope, CA 95843
- Quail Glen Elementary, 1250 Canevari Dr, Roseville, CA 95747
- Silverado Middle, 2525 Country Club Dr, Roseville, CA 95747

March 18-27: Breakfast 7:30-8:30 a.m.; lunch 11:30 a.m.-1 p.m. at Grab and Go locations:

- Antelope Crossing Middle, 9200 Palmerson Dr, Antelope, CA 95843
- Barrett Ranch Elementary, 7720 Ocean Park Dr., Antelope, CA 95843
- Coyote Ridge Elementary, 1751 Morningstar Dr, Roseville, CA 95747
- Silverado Middle, 2525 Country Club Dr, Roseville, CA 95747

https://dcjesd-ca.schoolloop.com/pf4/cms2/view page?d=x&group id=1514016404367&vdid=vi2bn4ud2fh3s3q0

Tahoe-Truckee **Unified School District**

GRAB-N-GO MEALS AVAILABLE DURING SCHOOL CLOSURES

Weekdays, Tuesday, March 17, through Friday, April 3, 2020, (unless a snow day is called) TTUSD will be providing meal services for pickup from 10:00 a.m. - 1:00 p.m., Monday - Friday, unless a snow day is called. Lunch and breakfast for the next day will be provided to each child. You can go to whichever location is most convenient for you - it does not have to be your child's school. But please note that the meals are available for pick up only. Our schools are closed for social distancing and there will be no eating onsite. Our pick up locations are at the front entrance of the following school sites:

10 a.m.-noon starting Tuesday

- Donner Trail Elementary, 52755 Donner Pass Road, Kingvale, CA 95728
- Glenshire Elementary, 10990 Dorchester Drive, Truckee CA, 96161
- Kings Beach Elementary, 8125 Steelhead Ave., Kings Beach, CA 96143
- Tahoe Lake Elementary, 375 Grove St., Tahoe City, CA 96145
- Truckee Elementary, 11911 Donner Pass Road, Truckee, CA 96161
- North Tahoe High School, 2945 Polaris Road, Tahoe City, CA 96145
- Truckee High, 11725 Donner Pass Road, Truckee, CA 96161
- Cold Stream Alternative, 11661 Donner Pass Road, Truckee, CA 96161

https://www.ttusd.org/site/default.aspx?PageType=3&DomainID=4&ModuleInstanceID=133&ViewID=6446EE88-D30C-497E-9316-3F8874B3E108&RenderLoc=0&FlexDataID=6657&PageID=1



SUPPORT FOR SMALL BUSINESSES	CA Infrastructure and Economic Development Bank (IBANK)	California also offers small business loan programs to support small businesses: IBank offers loan programs for businesses affected by disasters in California. IBank, a unit within California Governor's Office of Business and Economic Development (GO-Biz), offers the following loan programs for businesses from one to 750 employees (small businesses): DISASTER RELIEF LOAN GUARANTEE PROGRAM (DRLGP) IBank will issue loan guarantees up to 95 percent of the loan through its partner Financial Development Corporations to help small business borrowers who were impacted by disasters or public safety power shutoffs and who need term loans or lines of credit for working capital. Small businesses, including small farms, nurseries, agriculture-related enterprises and nonprofits that have suffered an economic loss Resources for Businesses and/or physical damage may apply. This disaster program will help lenders and small businesses by providing loan guarantees of up to \$1 million for small business borrowers in declared disaster areas. JUMP START LOAN PROGRAM IBank is offering loans from \$500 to \$10,000 to low-wealth entrepreneurs in the declared disaster and emergency areas through its Jump Start Loan Program. IBank established the Jump Start Loan Program in 2016 as a small loan and financial literacy/technical assistance program designed for low-income small businesses in low-wealth communities, including businesses owned by women, minorities, veterans, people with disabilities and those previously incarcerated. Access to IBank's Disaster Relief Loan Guarantee Program and Jump Start Loan Program can be made through its partner Financial Development Corporations (FDCs) For more information on how to apply, visit https://www.ibank.ca.gov/small-business-finance-center/
	Placer County Business Advantage Network	 The Placer County Business Advantage Network is a team of workforce development professionals that provide no-cost hiring assistance to businesses and information regarding training and hiring opportunities to job seekers. https://www.placer.ca.gov/5263/The-Business-Advantage-Network
	Sierra SBDC	 Here to help individuals navigate their businesses within the local community. Can help applying for relief, guide you through available resources, cash flow concerns, supply chain interruptions, workforce capacity, insurance coverage and more at no cost (530)582-4800 Website also offers informational webinars and small business survival guide tips: https://www.sierrasbdc.com/covid-19



	U.S. Small Business Administration	 SBA is strongly committed to providing the most effective and customer-focused response possible to assist California small businesses with federal disaster loans. We will be swift in our efforts to help these small businesses recover from the financial impacts of the Coronavirus (COVID-19)," said Administrator Carranza. The disaster declaration makes SBA assistance available in the California counties, including Sacramento and Placer. SBA Customer Service Representatives will be available to answer questions about SBA's Economic Injury Disaster Loan program and explain the application process. (916)735-1500 https://disasterloan.sba.gov/ela
	California Hispanic Chamber of Commerce	 Learn more about resources visiting the link below To get a list of resources or to make a phone appointment with an advisor please call (916)444-2221 or email Edith Gomez Edith@cahcc.com/ http://www.cahcc.com/
LABOR AND WORKFORCE	Benefits for workers Impacted by COVID-19	 Disability Insurance If you're unable to work due to medical quarantine or illness related to COVID-19 (certified by a medical professional). Short-term benefit payments to eligible workers who have a full or partial loss of wages due to a non-work-related illness, injury, or pregnancy. Paid Family Leave If you're unable to work because you are caring for an ill or quarantined family member with COVID-19 (certified by a medical professional). Up to six weeks of benefit payments to eligible workers who have a full or partial loss of wages because they need time off work to care for a seriously ill family member. Unemployment Insurance If you have lost your job or have had your hours reduced for reasons related to COVID-19. If your child's school is closed and you have to miss work to care for them. If your employer has reduced your hours or shut down operations due to COVID-19 Partial wage replacement benefit payments to workers who lose their job or have their hours reduced, through no fault of their own. Paid Sick Leave If you or a family member are sick or for preventative care when civil authorities recommend quarantine. The leave you have accumulated or your employer has provided to you under the Paid Sick Leave law.



		Workers' Compensation If you are unable to do your usual job because you were exposed to and contracted COVID-19 during the regular course of your work, you may be eligible for workers' compensation benefits. Benefits include temporary disability (TD) payments, which begin when your doctor says you can't do your usual work for more than three days or you are hospitalized overnight. You may be entitled to TD for up to 104 weeks. TD stops when either you return to work, your doctor releases you for work, or your doctor says your illness has improved as much as it's going to. https://www.labor.ca.gov/coronavirus2019/#chart https://edd.ca.gov/about_edd/coronavirus-2019.htm
	Companies Hiring Extra Support During COVID-19	 Amazon https://www.amazon.jobs/en Raley's "If your income has been impacted due to current events or if you're looking for part-time work, Raley's has opportunities for you to earn an income and serve our communities,"
OTHER FINANCIAL INFO	Tax Deadline Info	 The filing deadline for tax returns remains April 15, 2020. The IRS urges taxpayers who are owed a refund to file as quickly as possible. For those who can't file by the April 15, 2020 deadline, the IRS reminds individual taxpayers that everyone is eligible to request a six-month extension to file their return. See Notice https://www.irs.gov/pub/irs-drop/n-20-17.pdf This payment relief includes: Individuals: Income tax payment deadlines for individual returns, with a due date of April 15, 2020, are being automatically extended until July 15, 2020, for up to \$1 million of their 2019 tax due. This payment relief



		applies to all individual returns, including self-employed individuals, and all entities other than C-Corporations, such as trusts or estates. IRS will automatically provide this relief to taxpayers. Taxpayers do not need to file any additional forms or call the IRS to qualify for this relief. • Corporations: For C Corporations, income tax payment deadlines are being automatically extended until July 15, 2020, for up to \$10 million of their 2019 tax due. • This relief also includes estimated tax payments for tax year 2020 that are due on April 15, 2020.Penalties and interest will begin to accrue on any remaining unpaid balances as of July 16, 2020. If you file your tax return or request an extension of time to file by April 15, 2020, you will automatically avoid interest and penalties on the taxes paid by July 15. • The IRS reminds individual taxpayers the easiest and fastest way to request a filing extension is to electronically file Form 4868 through their tax professional, tax software or using the Free File link on IRS.gov. Businesses must file Form 7004. • This relief only applies to federal income tax (including tax on self-employment income) payments otherwise due April 15, 2020, not state tax payments or deposits or payments of any other type of federal tax. Taxpayers also will need to file income tax returns in 42 states plus the District of Columbia. State filing and payment deadlines vary and are not always the same as the federal filing deadline. The IRS urges taxpayers to check with their state tax agencies for those details. More information
HEALTH CARE	Extended Covered CA Enrollment	Enrollment for Covered California has now been extended until April 13 th . People in need of coverage can apply online or over the phone https://www.coveredca.com/individuals-and-families/getting-covered/special-enrollment/ Call Sacramento Covered for Assistance: Monday-Friday (916)414-8333 https://www.sacramentocovered.org/
	WellSpace Health	 If you are currently experiencing the following symptoms: fever, cough or trouble breathing and believe you have been exposed to coronavirus and are concerned, please call to schedule an appointment before walking into the clinic. Roseville Community Health Center (916)737-5555 Hours: M/T 8am-5pm, W-F 7am-5pm & Sat 9am-4pm Sierra Gardens Community Health Center (916)407-0340



doctor or health care provider before visiting a care facility. If there is an emergency, call 911 or go to the nearest hospital Roseville-Foothills Walk in Care in Roseville(800) 972-5547 Hours: Monday-Sunday 8am-8pm Roseville Outreach Clinic (415) 600-1092 Hours: Monday-Sunday 8am-5pm Sutter Medical Plaza North Sunrise (916)865-1140 Hours: M/TH: 7am-8pm & T/W/F 7am-5pm Sutter Roseville Medical Center (916) 781-1000 Hours: 24/7 West Roseville Care Center (916) 910-2300 Hours: M,W,TH,F 6:30am-6pm T 6:30am-7pm & Sat 7am-12pm Sutter Medical Plaza Care Center in Roseville (916)773-8711 Hours: M/W 8am-5pm; T/TH 7am-5:30pm & F 7am-4:30pm Sutter Roseville Urgent Care (916)865-1400		 Hours: M-F 8am-5pm https://www.wellspacehealth.org/
Sutter Health doctor or health care provider before visiting a care facility. If there is an emergency, call 911 or go to the nearest hospital Roseville-Foothills Walk in Care in Roseville(800) 972-5547 Hours: Monday-Sunday 8am-8pm Roseville Outreach Clinic (415) 600-1092 Hours: Monday-Sunday 8am-5pm Sutter Medical Plaza North Sunrise (916)865-1140 Hours: M/TH: 7am-8pm & T/W/F 7am-5pm Sutter Roseville Medical Center (916) 781-1000 Hours: 24/7 West Roseville Care Center (916) 910-2300 Hours: M,W,TH,F 6:30am-6pm T 6:30am-7pm & Sat 7am-12pm Sutter Medical Plaza Care Center in Roseville (916)773-8711 Hours: M/W 8am-5pm; T/TH 7am-5:30pm & F 7am-4:30pm Sutter Roseville Urgent Care (916)865-1400		you have been exposed to coronavirus and are concerned, please call to schedule an appointment before walking into the clinic. O Grass Valley location (530)274-9762 Hours: M-F 7am-5pm Urgent Care Hours: Mon-Sat 8am-4:30pm Auburn location (530)537-3000 M-F 8am-5pm Kings Beach-Tahoe Location (530)584-9762 T/TH 8am-5pm
 M-F 9am-8:30pm & Sat-Sun 9am-8:30pm Roseville-Pleasant Grove Walk in Care in Roseville(800) 972-5547 Hours: Monday-Sunday 8am-8pm 	Sutter He	nearest hospital Roseville-Foothills Walk in Care in Roseville(800) 972-5547 Hours: Monday-Sunday 8am-8pm Roseville Outreach Clinic (415) 600-1092 Hours: Monday-Sunday 8am-5pm Sutter Medical Plaza North Sunrise (916)865-1140 Hours: M/TH: 7am-8pm & T/W/F 7am-5pm Sutter Roseville Medical Center (916) 781-1000 Hours: 24/7 West Roseville Care Center (916) 910-2300 Hours: M,W,TH,F 6:30am-6pm T 6:30am-7pm & Sat 7am-12pm Sutter Medical Plaza Care Center in Roseville (916)773-8711 Hours: M/W 8am-5pm; T/TH 7am-5:30pm & F 7am-4:30pm Sutter Roseville Urgent Care (916)865-1400 M-F 9am-8:30pm & Sat-Sun 9am-8:30pm Roseville-Pleasant Grove Walk in Care in Roseville(800) 972-5547



Kaiser Permanente	 Hours: M-F 7am-5pm Sutter Health Medical Foundation in Lincoln (916) 408-5915 M-F 7am-5:30pm Sutter Auburn Faith Hospital (530)888-4500 Hours: 24/7 Sutter Health Urgent Care in Auburn (530)889-7470 M-F 1pm-8:30pm & Sat-Sun 10am-5:30pm https://www.sutterhealth.org/for-patients/health-alerts/2019-novel-coronavirus Kaiser is prepared to test patients for COVID-19 if testing is necessary, per the Centers for Disease Control and Prevention and public health agency criteria. If you are concerned that you or a family member are exhibiting symptoms of COVID-19, please contact us first before coming in, as you need a referral and appointment to get tested. As a Kaiser Permanente member, you won't have to pay for costs related to COVID-19 screening or testing if referred by a Kaiser Permanente doctor. If you're diagnosed with COVID-19, additional services, including hospital admission (if applicable), will be covered according to your plan details. Kaiser Permanente Sierra in Roseville (916)784-4050 Hours: M-F 9:30am-5pm Kaiser Permanente Roseville Medical Center (916)784-4000 Offices Hours: M-F 9:30am-4:30pm Emergency Room: 24/7 Kaiser Permanente Lincoln Offices (916)543-5153 M-F 8:30am-5pm
Chapa de Indian Health	 https://healthy.kaiserpermanente.org/northern-california/health-wellness/coronavirus-information If you are experiencing respiratory symptoms like cough, fever, or shortness of breath,` or other flu-like symptoms, please call ahead for an appointment. Patients are screened for symptoms and COVID-19 exposure when they call to schedule an appointment. All patients and visitors to our health centers are also screened at the door once they arrive at our health centers. Patients with symptoms that may be related to COVID-19 are not turned away – we simply ask you to wait in your vehicle and to follow special instructions to help prevent spreading illness to others Auburn Clinic (530) 887-2800 Hours: M-F 8am-5pm Grass Valley Clinic (530) 477-8545



		■ Hours: M-F 8am-5pm
		https://chapa-de.org/auburn-health-clinic/covid-19-blog/
	UC Davis Health	 UC Davis Medical Center in Sacramento and UC Davis Health clinics across Northern California remain open and are serving patients. Our teams are trained and equipped to treat patients with symptoms of novel coronavirus, as well as any other patients with potentially contagious diseases. Connect with your medical office for phone or video consultations with a medical professional. Roseville Office (916)783-7109 Hours: M-F 8am-5pm Rocklin Office (916) 295-5700 Hours: M-F 8am-5pm Auburn Office (530)885-5618 Hours: M-F 8am-5pm https://health.ucdavis.edu/coronavirus/index.html
BEHAVIORAL HEALTH	Placer County Mental Health Services	3091 County Center Dr. #290 Auburn, CA 95603 Phone: 530-886-1870 y 855-729-0340 https://www.placer.ca.gov/departments/hhs/adult
	Placer County Mental Health Walk-In Screening Clinic	Roseville Office: 101 Cirby Hills Drive Roseville, CA (Tuesdays from 1 to 2pm AND Thursday from 9 to 10am) Auburn Office: 11512 B Avenue Auburn, CA (Wednesday from 9 am to 10am) *** Medi-Cal card needed, proof of address if individual has insurance in another county or proof of income if uninsured ***
	Hope Counseling Center	1528 Eureka Rd. Suite 101 Roseville, CA 95661 Phone: 916-780-1059 https://www.hope-counselingcenter.org/ ***They do not take medical insurances, cost of service is based on income.***



Sierra Mental Wellness Group	Roseville Office: 406 Sunrise Avenue Suite 300 Roseville, CA 95661 Phone: 916-783-5207 Auburn Office: 560 Wall Street Suite D Auburn, CA 95603 Phone: 530-885-0441 Tahoe City Office: 2690 Lake Forest Rd. Suite B Tahoe City, CA 96145 Phone: 530-581-4054 http://www.sierramentalwellness.org/ ***Accepts Medi-Cal. Proof of income needed if uninsured ***
Insights Counseling Group	Roseville Office: 8207 Sierra College Blvd. Roseville, CA 95661 Phone: 916-751-1534 Auburn Office: 256 Nevada St. Auburn, CA 95603 Phone: 530-887-1300 https://insightscounselinggroup.org/ ***Accepts Medi-Cal** *
The Place Within	Roseville Office: 720 Sunrise Ave. Suite D 212 Roseville, CA Phone: 916-772-6158 Auburn Office: 991 Lincoln Way Auburn, CA Phone: 530-748-9554 http://www.theplacewithincounseling.com/ ***Low cost if uninsured. Proof of income needed***
Windows of Hope Counseling Center	212 Judah St. Roseville, CA 95678 Phone: 916-415-5679 http://windowsofhopecounseling.org/ *** Low cost if uninsured. Proof of income needed ** *