

# Promotores can help you find and obtain healthcare services



Our Promotores are here to guide you. They can:

- Help you in finding free or low-cost medical care, including getting established with a primary care doctor/clinic, a vision or dental provider or a therapist
- Accompany you to an appointment to ensure you understand their recommendations
- Help you to find other community-based services that support your health (pharmacy, nutrition, support groups)
- Connect you with an insurance specialist to apply for health insurance or Medi-Cal (if eligible)

***We're here to help the Latino Community  
and all of our services are FREE.***

For more information, please call us at **(530) 320-5353**.

**To make a referral to our Promotores program, please visit:**

<https://www.latinoleadershipcouncil.org/referral>

**Health access services provided by the generosity of these partners:**

